



new

This Isn't Just Protein. It's Metabolic Intelligence in a Scoop.

In a saturated protein market, most formulas stop at muscle.
Fortamino doesn't.



This is not another protein powder—it's a **clinically designed, functional nutrition system** that supports recovery, metabolism, gut health, and cognitive performance in one integrated formula.

Beyond muscle: whole-system recovery

Fortamino combines complementary plant proteins from fava bean and rice into a complete amino acid profile—but goes significantly further:

- Supports **muscle repair, connective tissue, and recovery**
- Rich in key amino acids like glycine, proline, arginine, and L-Glutamine
- Designed for **clinical use, not just sports nutrition**

This makes it ideal for:

- Sarcopenia
- Post-illness recovery
- Chronic fatigue
- High-performance optimization strategy



NEW

Fortamino

Discover our new whole-system recovery today.

Stable energy. No spikes.

Unlike conventional protein powders loaded with fast sugars, Fortamino uses **isomaltulose**:

- Slow, sustained glucose release
- No insulin spikes
- Improved metabolic stability and energy balance

The gut-muscle axis, built in

Fortamino actively supports gut health:

- **Inulin + beta-glucans** as prebiotic fibers
- Promotes beneficial microbiota and butyrate production
- Enhances nutrient absorption and immune resilience

"Recovery doesn't start in the gym,
it starts in the gut."

"This is where
protein meets
neuroscience"

Anti-inflammatory & brain support

A unique differentiator. Fortamino includes **plant-based DHA and EPA from microalgae**.

- Supports cognitive function and mood
- Helps regulate inflammation
- Enhances recovery capacity

Clean, tolerable, clinically relevant

- 100% plant-based
- Free from dairy, soy, and gluten
- No artificial sweeteners or added sugars
- Highly digestible and hypoallergenic

Suitable for individuals with:

- Autoimmune conditions
- Food sensitivities
- Metabolic disorders



Who is it for?

Fortamino is built for:

- Clinical nutrition protocols
- Rehabilitation & recovery
- Aging and muscle preservation
- High-performance individuals
- Metabolic and inflammatory conditions

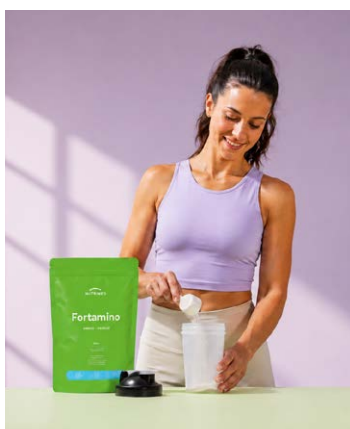
What you actually get

Per daily intake:

- ~30 g high-quality protein
- Prebiotic fibers
- Functional fats (including DHA & EPA)
- Low glycemic load

Designed for real life

- Easy: 2 servings per day
- Smooth texture, excellent solubility
- Available in Mango and Coffee flavors



Fortamino redefines what protein powder can be

It's not just about hitting your protein target — it's about supporting **the entire system behind performance, recovery, and health.**



High in
protein



Source
of fibre



High in
omega-3
fatty acids

Fortamino



indication	Fortamino combines complementary plant proteins from fava bean and rice into a complete amino acid profile. • Supports muscle repair, connective tissue, and recovery • Rich in key amino acids like glycine, proline, arginine, and L-Glutamine • Designed for clinical use, not just sports nutrition		
dosage	Mix 1 scoop of powder with 250 ml of water, preferably in a shaker. Take twice daily.		
flavour	Mango or Coffee		
packaging	800 g		
daily dose		Mango 57,14 g	Coffee 59,57 g
	Fava protein isolate	26,47 g	26,47 g
	Isomaltulose	10,0 g	10,0 g
	Rice protein	9,38 g	9,38 g
	Oil from the microalga Schizochytrium sp.	3 g	3 g
	– EPA	1060 mg	1060 mg
	– DHA	720 mg	720 mg
	Beta-glucan from oats	3 g	3 g
	Cocoa powder	–	1,64 g
	MCT oil from coconut	1,5 g	1,5 g
	Inuline	1 g	1 g
	Amla extract	500 mg	500 mg



Fortamino

**Nutritionele waarden / Nutritional values /
Valeurs nutritionnelles / Valores nutricionales /
Valori nutrizionali / Nährwerte**

	57,14 g*	100 g	59,57 g*	100 g
Energie / Energy / Énergie / Energía / Energia / Energie	235,71 kcal 989,47 kJ	412,52 kcal 1731,66 kJ	243,71 kcal 1022,68 kJ	407,06 kcal 1708,17 kJ
Vetten / Fat / Matières grasses / Grasas / Grassi / Fett	5,99 g	10,49 g	6,18 g	10,32 g
- waarvan verzadigde vetten / of which saturated / dont acides gras saturés / de las cuales saturadas / di cui saturi / davon gesättigte Fettsäuren	0,39 g	0,68 g	0,50 g	0,78 g
- waarvan enkelvoudig onverzadigde vetzuren / monounsaturated / mono-insaturés / monoinsaturadas / monoinsaturi / einfach ungesättigte Fettsäuren	0,35 g	0,61 g	0,35 g	0,59 g
- waarvan meervoudig onverzadigde vetzuren / polyunsaturated / poly-insaturés / poliinsaturadas / polinsaturi / mehrfach ungesättigte Fettsäuren	0,68 g	1,19 g	0,68 g	1,14 g
Koolhydraten / Carbohydrates / Glucides / Hidratos de carbono / Carboidrati / Kohlenhydrate	12,51 g	21,89 g	13,24 g	22,12 g
- waarvan suikers / of which sugars / dont sucres / de los cuales azúcares / di cui zuccheri / davon Zucker	10,05 g	17,59 g	10,11 g	16,88 g
Vezels / Fibre / Fibres / Fibra / Fibre / Ballaststoffe	3,30 g	5,78 g	3,93 g	6,56 g
Eiwitten / Protein / Protéines / Proteínas / Proteine / Eiweiß	30,31 g	53,05 g	30,81 g	51,46 g
Zout / Salt / Sel / Sal / Sale / Salz	0,17 g	0,30 g	0,17 g	0,29 g

* Dagdosis / Daily dose / Dose quotidienne / Tägliche Dosierung / Dose giornaliera / Dosis diaria



MANGO
MANGUE



KOFFIE - COFFEE
CAFÉ - KAFFEE
CAFFÈ