

Power in a PILL



Mitochondria are the power generators of our cells



Carbohydrates & Fatty Acids + Oxygen \rightarrow ATP

Nutrients are converted into ATP in the presence of Oxygen. ATP is the "currency" to power the cell's metabolic activities.

CogniFuel, The answer to mitochondrial dysfunction & brain aging

indication	Mitochondrial dysfunction and optimization Prevention and treatment of various neurological disorders and neurodegenerative diseases Cognitive disorders	
dosage	3 x 1 caps per day	
packaging	90 vegecaps per container	
composition (amount per 3 vegecaps)	Centella Asiatica Coffea (Whole Coffee Fruit Extract)	1000 mg 200 mg
	Vit B3 (as Nicotinamide riboside)	200 mg
	PQQ	20 mg



component 1: NAD+

NAD+ is a vital redox co-factor, a key substrate for different repair enzymes.



NADH provides **electrons** to the electron transport chain. The efficiency to generate ATP depends on the ratio NAD+/NADH.

NAD+ restoration with NAD+ precursor Nicotinamide Riboside as a therapeutic strategy.

component 2: PQQ

PQQ (Pyrroloquinoline Quinone Disodium Salt) is a powerful **redox-agent** and participates to the **electron transport chain**.

PQQ promotes the **generation of new mitochondria**, the biogenesis, via increased expression of PGC-1α.

Endurance training and exposure to cold are the most effective external triggers to induce mitochondrial biogenesis.



How do Nicotinamide Riboside & PQQ cooperate in mitochondrial support?



References

Nicotinamide Riboside

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