Natriumcarboxymethylcellulose, Glycerildibehenate, Silicon dioxyde, Vit B12. Calcium- L-Methyltetrahydrofolate. Suggested use: Place once daily 1 tablet under the tongue (sublingual) or

as directed by your health care professional. Do not exceed the suggested dose

Ingredients: Maltodextrin, Sorbitol, Starch rice, Microcristalline cellulose.

Storage conditions - Advise for use: Keep out of reach of children, Keep in



Me	B12	÷	MT	Ή	F

Composition	Amount per serving*	% Daily Value RI
Vit B12 (as Methylcobalamin) MTHF (as Calcium-L-Methyltetra- hydrofolate)	2 mg 1 mg	80.000 % 405 %

a closed container below 25°C. Consult a physician if you are pregnant. breast feeding or following a medical treatment. Does not replace an adequate diet or healthy lifestyle.

60 Sublingual tablets 24 g e

Food supplement

Nutrined BV

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* Daily dose based on 1 tablet SL Expiry date - Lot N°: see package