

CARDIO PROTECT

During breakfast:

1 x Co-Factor B Complex: Vitamin B2 (as Riboflavin) 200 mg, Vitamin B3 (as Nicotinamide) 100 mg, Vitamin B5 (as D-Calcium-Pantothenate) 92 mg, Vitamin B1 (as Thiamine HCl) 63 mg, Pyridoxal-5-Phosphate (as Coenzym B6) 20 mg, Biotin 5 mg, Methyltetrahydrofolate (MTHF) 1.62 mg, Vitamin B12 (as Methylcobalamine) 0.5 mg, Vitamin B12 (as Adenosylcobalamin) 0.5 mg

1 x AO Defense: Japanese knotweed dry extract 105 mg, Green tea extract 100 mg, Grape skin extract 70 mg, Grape seed dry extract 50 mg

2 x NOx Support: per caps: Beetroot (Beta vulgaris) 300 mg, Potassium 70 mg, Polysaccharide (Ramnox) 62.5 mg, Huperzia serrata 10 mg, Vitamin K2 90 µg

During dinner:

2 x Pure Fishoil: per caps: Fish oil 1g (Eicosapentaenoic acid (EPA) 150 mg, Docosahexaenoic acid (DHA) 100 mg), Vitamin E (Tocopheryl acetate) 10 mg