

## HistaQuel™

indication	Mast cell stabilization and downregulation of inflammation 2 caps in the morning and 2 caps in the evening 120 vegecaps per container	
dosage		
packaging		
	Quercetin phytosome <sup>®</sup> (Quercefit <sup>™</sup> )	500 mg
composition (amount per 4 vegecaps)	Black cumin seed	250 mg
	Nettle leaf powder	150 mg
	Perilla frutescens leaf extract	100 mg
	Luteolin	100 mg
	Fisetin	50 mg



